

## The Ultimate Packing List for Any Length Trip Abroad

### Essentials

- Prescription Medications
- Contacts & Glasses (if you use them)
- Passport (and an additional copy if you lose it)
- Visa (if you are traveling to the Schengen zone for more than 90 days. Check policies elsewhere)
- Government ID
- Wallet with credit cards and converted money
- Phone and Charger
- Insurance Cards

### Clothing

- 4-5 shirts of varying types (T-shirts, tank tops, long sleeves, sweaters etc.)
- 2 pairs of jeans
- 2-3 pairs of other bottoms (skirts, [yoga pants](#), leggings, etc.)
- 2 neutral cardigans
- 2 jackets (one [dressier](#), one more for colder conditions)
- 2-3 pairs of shoes (boots, sandals, walking shoes)
- 1-2 dresses
- 1 set of [versatile pajamas](#)
- Underwear (pack as many as will fit)
- Bras (1-2 will suffice)
- Socks
- 1-2 swimsuits
- A sarong or cover-up
- Accessories: jewelry, [hats](#), gloves, belts, and scarves

### Toiletries

- Toothbrush and toothpaste
- Hairbrush
- Deodorant
- Makeup ([face sunscreen](#), blush, mascara, eyebrow gel, tweezers, foundation, concealer, etc.)
- Hair products ([bonnet](#), [heatless curler](#), [clips](#), and scrunchies)
- Jewelry (anything you'd be fine losing)
- Over-the-counter medication

- [First aid kit](#)

#### Electronics

- [Electronics Organizer](#)
- [Travel Adapter](#)
- Laptop
- iPad
- Kindle
- Respective chargers
- Earbuds/headphones
- Portable Charger

#### Misc.

- [Bag locks](#)
- [Collapsible Water Bottle](#)
- [Portable Clothesline](#)
- Purse
- Tote bag
- Eye mask
- Ear plugs
- Disinfecting wipes
- Covid Face Mask
- Sunglasses
- Mini sunscreen